



LEEJ NIAM KEV NOJ QAB NYOB ZOO

Npaj Kom Txhij Rau Kev Los Ua Leej Niam Leej Txiv

ThedaCare muab kev kawm tim ntsej tim muag, saum huab cua thiab kev kawm uas yus kawm yus tom tsev/ oos lais. Xaiv qhov haum tshaj rau koj!

Kev Npaj Yug Me Nyuam:

- Tim ntsej tim muag: Kawm tiav sai hauv ib hnuv los sis kawm tiav li ib txwm li 4 lub lim tiam
- Kev Koom Nyob Deb Los Ntawm Vis Dis Aus (Virtual): Kev sib tham 2 teev
- Kev kawm ntawv uas yus kawm yus tom tsev/kev kawm oos lais

Kev Npaj Kom Txhij Los Pub Mis Me Nyuam:

- Tim ntsej tim muag: Chav kawm 2 teev
- Kev Koom Nyob Deb Los Ntawm Vis Dis Aus (Virtual): chav kawm 1 teev
- Kev kawm ntawv uas yus kawm yus tom tsev/kev kawm oos lais
- Cov neeg nyob hauv Berlin, Shawano thiab Waupaca: kev sib tham tim ntsej tim muag ib toj ib nrog tus kws pab tswv yim txog kev pub mis me nyuam

Nkag Siab Txog Kev Npaj Kom Txhij Rau Koj Tus Me Nyuam Mos:

- Tus Me Nyuam No Puas Muaj Phau Ntawv Qhia Nrog (saum huab cua)
- Pog thiab Yawg 101 (saum huab cua thiab tim ntsej tim muag ib toj ib)
- Kev Kawm Ntawv Uas Yus Kawm Yus tom tsev/kev kawm oos lais

To taub Txog Koj Cov Me Nyuam Ntxaib:

- Kev kawm ntawv uas yus kawm yus tom tsev/kev kawm oos lais

Ntawm ThedaCare, peb paub zoo tias koj muaj kev xaiv qhov chaw uas koj yug me nyuam. Yog xav teem sij hawm mus ncig xyuas Family Birth Care ntawm Appleton, Neenah los sis Shawano, ces mus rau thedacare.org, xaiv Services (Cov Kev Pab Cuam) > Women's Health (Kev Noj Qab Haus Huv ntawm Cov Poj Niam) thiab txav nqis mus rau cov chav kawm.

Cim Tseg: Yog xav saib kev ncig xyuas saum huab cua ntawm Neenah los sis Appleton Family Birth Care, siv tus zauv QR.

Cim Tseg: tuav koj lub xov tooj cia rau qhov yees duab tau



Appleton



Neenah

Yog tias koj muaj lus nug txog Family Birth Care los sis kev pab nyiaj txiag rau cov chav kawm, ces thov hu rau Tricia Miller ntawm (920) 454-2572 los sis tricia.miller@thedacare.org.

Yog xav paub ntau ntxiv txog cov chav kawm thiab sau npe, ces mus rau thedacare.org. Nias rau ntawm *Services (Cov Kev Pab Cuam) > Women's Health (Kev Noj Qab Haus Huv ntawm Cov Poj Niam)* thiab txav nqis mus rau hauv qab rau *Classes (Cov Chav Kawm)*.