

What we offer

Prenatal services: If you haven't delivered yet, we would like to meet and answer any questions you may have before your baby is born. We offer a free 10-15 minute visit to answer breastfeeding questions. Topics that maybe discussed: Hand expression, baby's first 24 hours, and how to use your breast pump. We can also give you a tour of a labor and postpartum room.

Inpatient services: During your hospital stay our goal is to provide lactation support through education and assistance with feeding.

Outpatient services: After discharge we can provide weight and jaundice checks as needed. We can also do lactation visits for various breastfeeding issues such as latching, pumping and supply concerns. These appointments are ordered by your baby's doctor and billed to your insurance company.

Ask your care team about breastfeeding classes to take during your pregnancy, or visit healthcare.ascension.org/events

Contact

breastfeedinghelp@ascension.org
920-738-2737

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Lactation Services



**Ascension
St. Elizabeth
Hospital**