

# UTI VS BLADDER INFECTION

Are you suffering from pain and pressure when you urinate? Intense burning? These are just a few of the telltale signs you're suffering from a urinary tract infection (UTI) and/or a bladder infection.

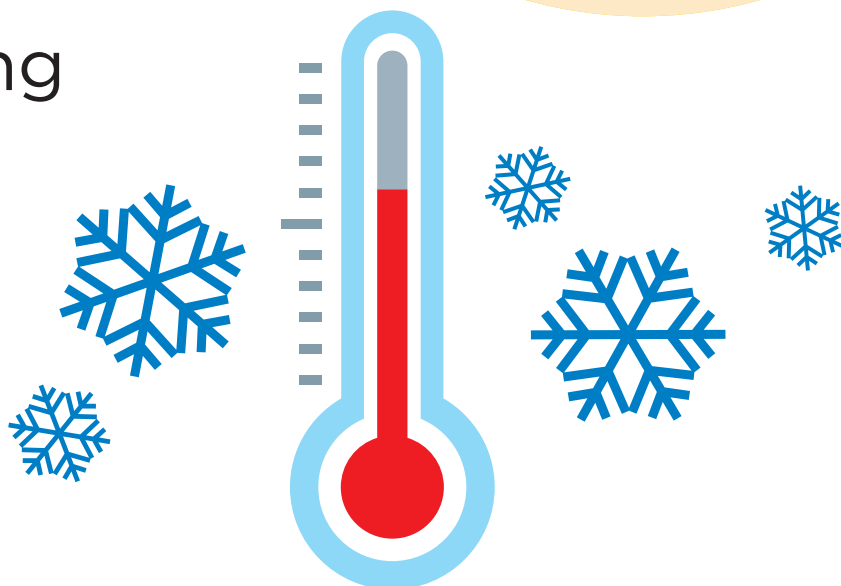
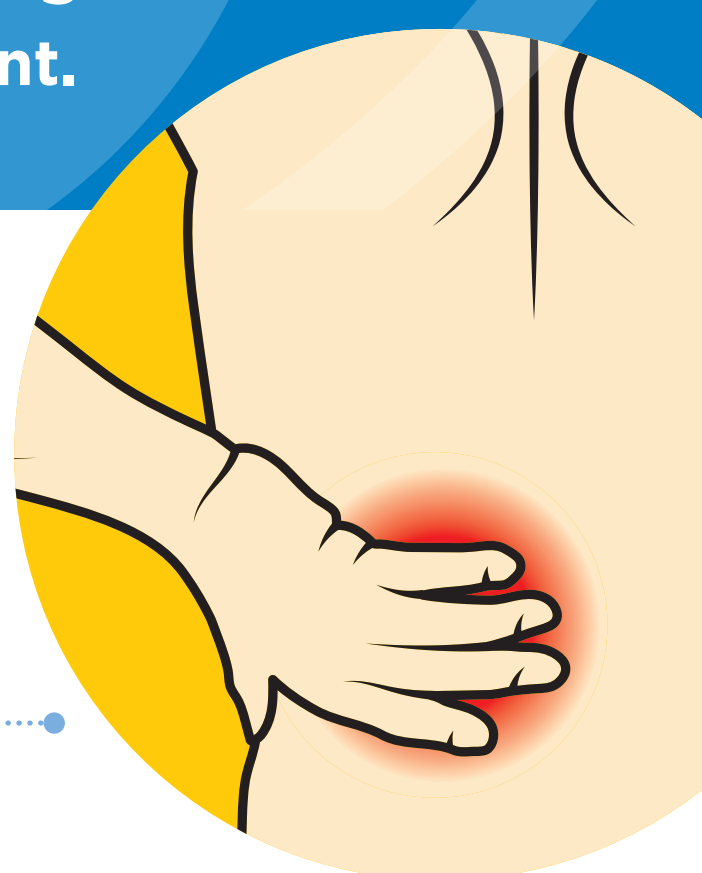


Your urinary tract is composed of your bladder, ureters, urethra and kidneys. You get a UTI when any of these become infected by bacteria. In comparison, a bladder infection occurs when **only** your bladder becomes infected. A bladder infection is a lower UTI infection. In short, all bladder infections are UTI's but not all UTI's are all bladder infections.

If you notice any of these symptoms below, call Women's Health Specialists to get the proper diagnosis and treatment.

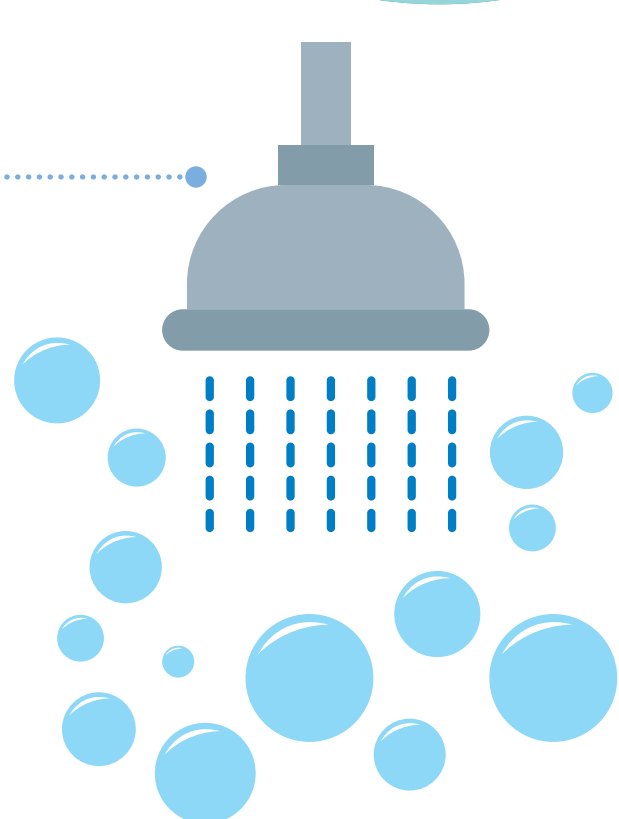
## SYMPTOMS:

- Aching in your back and abdomen
- Pain, pressure or burning during urination
- Cloudy or bloody urine
- Fever and chills
- Intense urge to urinate frequently
- Tired or shaky



## PREVENTION:

- Take time to empty your bladder completely
- Wipe from front to back
- Opt for showers over baths
- Urinate directly after intercourse
- Drink plenty of water
- Wear cotton, loose-fitting underwear; avoid nylon



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